

Country Club Manor

February 2014 Newsletter

Edited by Lee Bakewell

SAY "HELLO" TO YOUR NEW NEIGHBOR!



My name is Nancy Libra. I moved into #113 in January. I lived in downtown Saint Paul for 20 years. I worked at the Downtown Post Office and very happily retired from there. I enjoy swimming and the pool here is beautiful. Margie and everyone I have met here have been very friendly and welcoming. I hope to enjoy many years here.

A MESSAGE FROM MARGIE



Hello Again!

Brr! Is this Minnesota or Antarctica? The snow is beautiful if the temperatures could stay at least above zero, I would be happy! I know this has been a very long and difficult winter for everyone so hang in there and take advantage of the pool, sauna and hot tub!

I would like to remind everyone of our Tai Chi class on Thursday mornings at 10 am. You will learn wonderful stretching and breathing techniques that help you with balance and overall health. Please feel free to stop by and watch the class or participate. The first class is free and if you want to join it is only \$5 per class.

We now have an evening class for water Aerobics! The class is held on Monday evening from 6:30-7:30. This is a free class that Mary and Lee provide for us residents so take advantage of it if you can!

I would also like to caution everyone on the use of throw rugs. As we age, they can become a tripping hazard when our joints begin to fail us and our bones become more brittle. Please use caution if you

have them in your home and be sure they have the rubber back so they do not slide.

Until next month,

Margie

NEW PEV CHARGING STATION AT CCM



Have you ever thought about purchasing a PEV (Plug-in Electric Vehicle?) We now have a 240V, 30A charging station up and running in stall #49 of the 45 garage. They say you can now lease a Nissan Leaf for just over \$200/month. Or maybe you have a friend with a PEV? Invite him/her for a visit! The car can be charging while you two are chatting.

If you drive 200 miles a day, a PEV probably isn't for you but if you only drive 50 miles/day, it's kind of nice to know you are not emitting toxic fumes from your tail pipe and will never have to stop at a gas station again

A MESSAGE FROM MARY



Happy Valentine's Day to everyone.

Thank you to all the little elves that helped take all the Christmas decorations down. Glad to hear every one had a great time at the New Year's Eve party. Thanks Kevin and Kathy for hosting that again this year.

A few reminders:

1. Please try not to leave your car running in the garage more than you need to when you go in or out. We have installed new carbon monoxide sensors that detect very small amounts of exhaust fumes. Idling for even an extra minute can cause those big exhaust fans to kick in, drawing huge amounts of warm air outdoors, replacing it with dry, freezing cold air.
2. Also, you might keep in mind that when it's below ZERO, leaving a window "cracked" open can—and has—led to frozen heating pipes. The cold air goes directly down to the heat pipes and can quickly freeze them (at times when they are not "calling for heat." Not only is it an extremely expensive repair to unthaw them (and replace the part of the pipe that ruptured), our resident will have no heat while waiting for the repair.
3. Of course the lease covers this but it bears repeating, please report water leaks right away (and a running toilet is just as bad in terms of lost water).

Thanks for your cooperation!

Thank you to all the residents especially, Rita and Madge, who toughed it out and got the 55 lobby tree down plus all the decorations. And thank you everyone who helped put up the Valentine's Day decorations. They look very nice.

Our sympathies go out to Berniece on the loss of her son. You are in my prayers!

Till next month please be careful when you go out. Right now, global warming would probably look pretty good to us all! God Bless!
Mary

NOTES FROM OUR "SOCIAL DIRECTORS"



Hi all!!

Oh my, it is cold. It's been a long time since we've had a real Minnesota winter. Soon it'll be April and it all will be forgotten. Our heartfelt sympathy and prayers go out to Berniece L. on the loss of her son.

We had a wonderful New Year's Eve party. 39 people showed up. We all enjoyed the great music by Dee W. and the many good snacks that were brought down. Thanks to all of you who joined us in ringing in the New Year. Also thanks to all who gave a hand changing the decorations from Christmas to Valentine's. It looks great.

We are having a Super Bowl Pizza Party on Sunday the 2nd in the Club Room. Please see details posted around the buildings. Don't forget "Movie Night" in the Club Room on Fridays at 7pm. We have been having a nice turn out. If you would be interested in hosting a movie night just let us know. It's real easy to do.

There will be a Valentine Brunch on Saturday the 15th at 11:30am in the Club Room. Please see signs for details. The monthly Casino Trip is to Treasure Island on Thursday the 13th. Information is posted around the buildings and sign-up sheets are in both lobbies. Our monthly Birthday/Anniversary Potluck is Monday the 24th at 5:30pm in the Club Room. Again as with all activities please see posted signs for detailed information. If you have any questions please call us at 612-270-4655 or stop by Apt. #107. That's all for now.

Love,

Kevin + Kathy E.

THE FUNNY BONE

There was a man who had worked all of his life, had saved all of his money, and was a real miser. Just before he died, he said to his wife, "When I die, I want you to take all my money and put it in the casket with me. Wherever I'm going, I want my money to go with me."

And so he got his wife to promise him with all of her heart that when he died, she would put all of the money in the casket with him.

When he died and was stretched out in the casket, his wife sat there in black with her friend sitting next to her. When the ceremony was finished, just before the undertakers got ready to close the casket, the wife said, "Wait just a minute!" She had a box with her, and put it on the casket. Then the undertakers locked the casket down and rolled it away.

So her friend said, "Girl, I know you weren't fool enough to put all that money in there with your husband . . . were you?"

The loyal wife replied, "Listen, I'm a Christian, I can't go back on my word. I promised him that I was going to put that money in that casket with him and that's exactly what I did."

"You mean to tell me you put all his cash in the casket with him!!!!?"

"Pretty much," said the wife. "I got it all together, put it into my account and wrote him a check. He never specified 'cash money' so I feel I have fulfilled my promise."

THIS MONTH'S BIRTHDAYS

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