

Country Club Manor

June 2005 Newsletter

YOU CAN CHOOSE YOUR OWN NEIGHBORS!



Rita Lloyd (#202) after "Choosing a New Neighbor"

Rita used to live at Hillside Apartments in W. St. Paul. While there, she met and became friends with Sharon Garcia. After Rita moved to Country Club Manor, she invited Sharon to visit her at Rita's new apartment. She showed Sharon the many advantages of living at Country Club Manor including the underground parking, indoor heated pool, elevator, and nice decks, none of which were available at Hillside. After Rita gave her tour, Sharon said, "Now this is where I want to live!"

Although Sharon wasn't able to follow her friend over to CCM immediately, she was finally able to apply in May and will be moving into #223 later this month. After receiving her two \$100 certificates, Rita said, "You know, I think I know someone else who might be thinking of making a move." Congratulations Rita, for helping us find another good resident and congratulations Sharon for moving up to Country Club Manor! It looks like the time finally arrived "for something better!"

Choosing your own neighbors is easy! Just give the Country Club Manor office the name and number of someone you think might be looking for a nice apartment. That's all there is to it. Or you can give the office number (451-2633) to your friend. In the latter case, please make sure they mention your name early in their conversation with the office. When your friend joins our little community, you will receive two \$100 certificates of appreciation to use towards your rent.

Our hat's off to all of you who have already helped us out and please feel free to send a few more of your friends our way! You'll help them find a great place to live while helping CCM attract "pre-qualified" residents.

MESSAGE FROM MARY BAKEWELL

Hi Everyone,

Happy Father's Day to all our Dad's. I trust you will have a great day with all of your family. God bless all of you!

I am continuing to baby-sit for our first and only grandson as often as I can and I am enjoying every minute of it. I just finished watching him for three days while his parents took a short vacation. I even brought him over to swim in the pool. He just loved the water. He is such a joy, but I do know God was wise when He designed us not to have babies after 50, I sure got tired when I had him for the three days. We had so much fun, but he sure was happy to see his mommy and daddy when they returned.

Summer is here and we are starting all our projects, so I beg for your patience while the work gets done. Contractors sometimes seem to look for any rain cloud as a reason not to work at times, although, of course, that is not true. Please be patient. Besides working on the surface of many of the decks, we are in the process of getting bids on the replacement of the mansard roofs around the building. Thanks for your co-operation during this long process.

On Monday June 6th we have our new Resident Manager Debbie Bright starting. She will be moving in during the next few days. If you see her around be sure to make her feel welcome. She has been a Resident Manager before and is looking forward to meeting all of you.

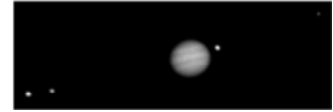
Till next month, have a good one and God Bless!

Mary

CASINO TRIP

We are planning another trip to Hinkley Casino on June 16th. Watch for further info in the building lobbies. Hope you can join in on the fun.

STAR PARTY



CCM's first-ever

Star Party took place on May 24. This party was better than the one scheduled for May 10 . . . but not by much. Although it didn't rain, it was solid overcast! Nobody saw anything! So we made a new plan. Instead of trying to schedule star parties in advance, we will do them "impromptu." That's what we did on Memorial Day, the first clear day we've had in a long time, and, as amateur astronomers say, we got in some good "observing." We found Jupiter shortly after sunset and everyone was able to see its four "Galilean moons" (of which only three are depicted in the photograph) plus distinct bands across the surface of the planet. After it got a little darker, we turned the big Celestron telescope toward Saturn, by then low on the western horizon. **WOW!**

We will try to have another one or two star parties this summer and, if possible, coordinate them with the passage overhead of the International Space Station which is now the third brightest object in the night sky after the moon and Venus.

We have to count our blessings because we have such a great location for stargazing. We have a fabulous view of the Southern Sky with few if any bright lights to interfere and mess up our night vision!

COMPUTER CLASSES

As you know, a benefit of living at Country Club Manor is our high speed internet connection and computer located in the Club Room. It is free for any CCM resident. But it does no good if no one knows how to use it. Computers can be as complicated as you want to make them but they can also be very easy and rewarding to use for basic tasks. Wouldn't it be nice to tell that son or daughter that you FINALLY have an email address? Then you could receive emails AND even get that latest photo of your granddaughter on her birthday! So, beginning Saturday, June 11, after coffee at 11:00 a.m. and ending at noon, there will be free computer classes for anyone who is interested. We will start out helping everyone get a free email address who wants one. A week or two later, we will try some web surfing. Topics will be as requested by YOU up to the point where you know more than the instructor! If anyone would like to volunteer as instructor, please email Lee at LeeSail@aol.com. Until someone else volunteers, you will be stuck with Lee!

GAME NIGHT

We are going to start a game night on Wednesday, June 1st at 6:30 pm in the Club Room. You can bring a game, deck of cards, snack to pass, or just come and join the fun. Coffee will be served and a pop machine is available in the pool room. If you want something else to drink, feel free to bring it with you. Game night will be every Wednesday at 6:30 pm and if enough people are interested we will continue it. Some games will be provided. Hope to see many of you there. If you have any questions, please contact Kathy at 651-451-6828.

KICK OFF PARTY

The kick off party was a great success. We had a good turnout and learned some valuable information about Interim Healthcare and DARTS. Be sure to sign up for the blood pressure clinic or foot care. Sign up sheets will be posted on the lobby bulletin boards. We would also hope to see more of you attend the Darts educational meetings once a month. Darts has so much to offer for seniors. In fact, "It's more than a bus."

REMEMBER:

1st week of the month on Thursday at 1:00 is blood pressure. (you must sign up in advance for this service)

2nd week of the month on Wednesday from 1:00 - 3:00 a service coordinator will be on-site in the CCM office.

3rd week of the month on Thursday at 1:00 is foot care. (you must sign up in advance for this service)

4th week of the month on Wednesday at 1:00 in the Club Room is Education by Darts.

LISA'S WORLD

Hi Everyone!

By the time you are reading this newsletter, I'll be sun bathing by the pool in Las Vegas!!! Lee & Mary sent Dave and I for our 22nd wedding anniversary! Hopefully, the slots will be good to us!!! Even if they're not, this mini vacation is just what the doctor ordered!

Abby is done with massage school for the year. She is enjoying a little free time before she starts summer school on June 7th. She did very well in all her

classes and we are so proud of her. I sure am enjoying my free massages too! You may also have noticed her treating our beautiful woodwork throughout the buildings.

Lindsey is like my shadow now that she has her permit. She wants to drive EVERYWHERE!! I guess she will have plenty of practice before September when she turns 16 and tries for her license.

We are working on some little landscaping and gardening projects at home. I wish it would quit raining so we could get something done! I found one dry day in May and got the Country Club Manor flowers done. I hope you enjoy them.

I hear Kathy is starting a game night on June 1st at Country Club. That sounds like so much fun. Hope she gets a good turn out.

June is always a tough month for me with Father's Day. Even though it has been 29 years since my dad passed away, I miss him like it was just yesterday. Not a day goes by that I don't think of him and wish he was here to share in my life, know my girls and give me a hug.

Happy Father's Day to all the Country Club Manor dads and have a great month of June.

Lisa

CCM JUNE BIRTHDAYS

| | | | |
|------------------|-----|----------------|------|
| Shirley Pond | 6/3 | Marilyn Plorin | 6/10 |
| Virginia Carlson | 6/3 | Terry Skrukud | 6/18 |
| Mary Ellen Dow | 6/5 | Lucille Galler | 6/21 |
| Carol Standley | 6/5 | Don Waldhauser | 6/21 |

REMINDERS:

MAINTENANCE:

Any maintenance emergency can be reported after hours by calling our digital pager at 612-640-1948. (Just punch in your number after the beep.) If you have any maintenance needs, please fill out a maintenance request slip. Maintenance requests can be found outside the office door. If you live in the 1955 building, you can pick up and drop off maintenance requests located on the basement level coming in from the garage.

GOING AWAY? Please notify the office if you plan to be gone for an extended period. If there is an emergency, we must have a contact person.

GARAGE STALLS. Please be reminded that if you wish to have a garage stall, you must meet with the manager and fill out the proper paperwork. Garage stalls are \$45 per month. If you change vehicles, be sure to let us know right away. Unauthorized vehicles in the garage will be towed at the owner's expense.

We would also like to remind everyone who is renting a garage stall that you must keep your stall neat and tidy. Any personal belongings in a garage stall must be stored INSIDE an enclosed storage unit. We are not responsible for lost or stolen items. No combustibles are allowed.

Please be reminded there is NO SMOKING in the underground parking areas.

PACKAGE PICKUP. As an added service we have instructed UPS and the mailman to deliver all packages to the Country Club Manor office. If you receive a package, the resident manager will give you a call and you can either stop by the office to pick up your package or give use permission and we will deliver it directly to your apartment, leaving it right inside the door if you are unable to pick it up yourself. The Resident Manager will be in the office for an hour in the morning from 8-9 and in the afternoon from 3-5:00.

BBQ GRILLS. If you are a first floor resident and plan on using your own grill this summer, please remember you must grill a minimum of 15 feet from the building. Thank you.

BUILDING ENTRY. Please do not let anyone into the building that is not there to see you. This is for your safety and the safety of your fellow residents. Also please be reminded that if you are using the Club Room for a party, you are responsible for your guests and their children. Thank you!

POOL RULES:

Please be reminded that you are to accompany all guests using the pool. We have seen unattended children in the pool recently. Please tell your guests that babies must be wearing swimming diapers.

MOBILE POST OFFICE:

The Mobile Post Office will be in front of the 1945 entrance every Wednesday from 11:05—to 11:25 a.m. If we don't patronize them . . . they will stop coming!

NO TV's IN TRASH

Please do not throw television sets in the trash. TV's are now considered hazardous waste and must be disposed of properly. If you need to dispose of a TV, you will have to call the City of W. St. Paul for a disposal site.

JUNE BRAIN TEASER

To celebrate Flag Day, can you figure out what this letter sequence might represent?

O-CY-BTDEL--P-H

What letters are missing?

REGULARLY SCHEDULED ACTIVITIES

... **Saturday Morning Coffee and Donuts:** Every Saturday morning we have coffee and donuts in the club room from 9-11:00 am. Kathy and Kevin Ericson cater this delightful event. This is a great way to get to know your neighbors. You do not need to commit every Saturday. If you can make it this Saturday, but have to miss the next three, that's no problem. This is not like a golf or bowling league where you must attend every week . . . or not at all! Please stop by when you get a chance and join in the fun.

... **POTLUCK:**

Don't forget potluck on Monday evening June 27th at 5:30 PM in the club room. Kathy and Kevin are (again) your gracious hosts. Please encourage your friends and neighbors at Country Club Manor to join us. This is another great



And
after it
was all
over,
Dee,
#102,
played
beautiful
music on
our
piano!

way to meet other residents and taste some great food at the same time. Hope to see you there on June 27th.

... **Bridge Club:** Every Tuesday at 7:00 PM to 9:30 PM in the club room - sign up in the lobby of either building. Call Gerry Brack at 455-8531 for further information.

... **Poker Club:** Every Monday at 1:00 PM in the club room. Please call Leslie Brodd at 222-7906 for further information.

CCM AEROBICS



Please join us for CCM Aerobics held every Saturday morning at 10:00 AM and Monday evenings at 7:00 PM. There is no charge. Come on down and visit your neighbor while losing a pound or two! All are welcome.

ON-CALL JUNE, 2005

Note: We always try to answer the phone rather than let it go to a machine. So please respect our off hours and call only for items of an EMERGENCY nature.

June 1 - 2

Lee & Mary Bakewell

June 3 - 9

Julie & Joe #128

June 10 - 16

George & Roberta #210

June 17 - 23

Lee & Mary Bakewell

June 24 - June 30

Debbie Bright #109

ANSWER TO BRAIN TEASER

Oh say can you see by the dawn's early light, what so proudly we hail . . .

Dee Weimar #102 plays the piano beautifully

The opening phrase of our National Anthem - the missing letters are S's and W's