September, 2015 Newsletter

Edited by Lee Bakewell

SAY "HELLO" TO YOUR NEW NEIGHBOR!



Hi my name is John Schaaf. I am the new resident in apt #329. I would just like to say two things:

- 1. The people here are wonderful and I love it!
- 2. Margie is sweet.



Hi my name is Gwendolyn Williams. (However I like to be called Gwen.) I have been a resident of St Paul all my life. I went to Mechanics Arts School. I have one child and two grandchildren. I have been told by family and friends that they love my colorful personality. I am very active in my church and I love bowling, horseback riding, watching movies, and reading.

FROM MARGIE'S DESK



Greetings to all!

What a great summer we have had! I hope we have a very long fall, my favorite time of year! We want to offer our sincere condolences to Marlene Woog and family for the loss of their beloved husband and father as well as dear friend to all. I am sure his legacy will live on for many years to come. I want to remind everyone of the new circulator bus—"The Loop"—that offers free transportation every Wednesday from 10-3 in front of the 45 garage. It is a wonderful service that makes stops at Cub, Walmart, Target, Library, Walgreens, YMCA and more.

Below is a list of items you can keep in mind:

- 1. When using the BBQ grills please call the office for instructions.
- 2. If you are going out of town and leaving your vehicle on the premises, please leave a spare key in your apt, in the case of an emergency.
- 3. Blood Pressures will be taken on Sept 10 @11 am in the Club room.
- 4. Next month we will begin Team Trivia on the 2 & 4 Thursdays @2pm in the Club Room. Henry Carbone will be our host. Look on boards for details.
- 5. We have a new walking group that will meet every Mon-Wed & Fri in the 45 lobby @10:15 at which time we will rideshare to the West ST Paul Sports Dome.
- 6. My wonderful residents & staff have decided to host a potluck-style BBQ on Sunday Sept 6th @2pm on the Patio in honor of Labor Day. Please look for sign-up sheets on the board.
- 7. We have had to clean up several messes in common areas lately please be mindful of others and clean up or if you are not able to do so call the office and we can assist you. Accidents happen to us all so there will be no judgments—just kind assistance.
- 8. Please don't forget to welcome our new residents!
- 9. To our smokers—whom we also love!—please use the front entry when classes are being held in the pool.
- 10. Unfortunately I still have to ask that you please remind your family members to SLOW DOWN when entering and exiting the property, I have talked to several of you and yet the problem still persists. Please help!

We have many things happening this month that Kathy mentioned in her column and I will also have on the calendar. I hope you are able to share in some or all of the upcoming activities we have planned. Until we meet again have a great month!

Margie

NOTES FROM OUR "SOCIAL DIRECTORS"



Hi everyone!

Here we are in September already. Kevin & I would like to send our deepest sympathies to Marlene Woog & family for the loss of our long time neighbor Harley. Our thoughts & prayers are with them.

This is a busy month so let's get started. Some of us are getting together for a "Fall BBQ" on Sunday the 6th at 2pm on the patio & in the Club Room. Meat will be provided and we ask that you bring a side dish & what you care to drink. Please sign-up in lobbies by Friday the 4th. "GARAGE SALE" 11th & 12th. "Casino Trip" Thursday the 10th, sign-up sheets are in the lobbies. "Monthly Brunch" Saturday the 19th, 11:30am. "Plymouth Playhouse" Monday the 21st. "Fall Decorating"

Tuesday the 22nd. "Monthly Birthday Potluck" Monday the 28th at 5:30pm. "Movie Nights" Fridays at 7pm. We will be getting together for the regular season Vikings Games starting this month. Schedules will be posted around the buildings or we'll have some extras if you want your own. Please see signs posted in the lobbies, elevators, & in the Club Room,

for detailed information on these activities. If you still have questions, please call us at 651-451-6828 or 612-270-4655 (Please leave a message if no answer.) Also feel free to stop by Apt. #107. Happy Fall!!

Love,

Kevin + Kathy E.

NEW! ART CLASSES!



From left to right Kathy E, Jane Warren, Margie Reeve, Marcy Aldrich, Nancy Libra We had our first art class last month. We will host another one in the fall because it was so much fun! No experience necessary. Our guest instructor was Mary Link. Her website is http://link2art.jimdo.com/

NEW RECIPE:

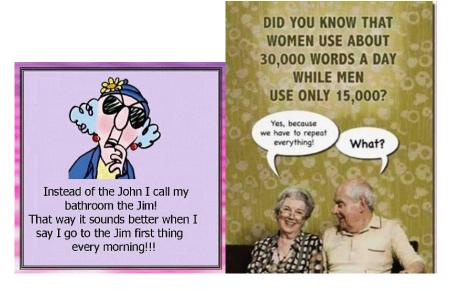
Here is a recipe from Elizabeth Weddel (#122) which she shared at Bingo and everyone loved it!

FROZEN PEACH DESSERT FROM: BETTY WEDDLE APT.#122

- 2 cups Vanilla wafers (Crushed)
- 5 TBSP. Butter (Melted)
- 1 Bag Large Marshmallows (Use all but 10)
- 2 TBSP. Fresh orange juice
- 1 TBSP. Fresh lemon juice
- 2 Fresh peaches (Peeled & crushed)
- 1 Pint Whipping Cream (Whipped)

Mix crushed Vanilla wafers with melted butter. Press into bottom of 8x11 inch pan. Melt the marshmallows, orange juice, & lemon juice together. Cool slightly, then stir in crushed peaches. Fold in whipped cream. Freeze before serving.

THE FUNNY BONE



Murphy, a dishonest lawyer, bribed a man on his client's jury to hold out for a charge of manslaughter, as opposed to the charge of murder which was brought by the State. One carried a penalty of 15 years while the other was a life sentence.

The jury was out for several days before they returned with the manslaughter verdict.

When Murphy paid the corrupt juror, he asked him if he had a very difficult time convincing the other jurors to see things his way.

"Sure did," the juror replied, "the other eleven wanted to acquit."

A woman on the phone to her friend;

I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising.... I decided to take and aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But, by the time I got my leotards on, the class was over.